



# Recreation Matters

## SPRING 2023

HOT OFF  
THE PRESS

- ◆ **NOW OPEN: Tiny Tots/Kids Club, and Playground Registrations**  
*Walk-in registrations only. (See page 5)*
- ◆ **Help Wanted: Summer Lifeguards** (See page 7)
- ◆ **Next Stop: Northern California!** (See page 12)

### IMPORTANT NOTES:

#### If it is in our newsletter - it is time to register!

Group sales allow us to offer the best possible prices for show tickets, events and trips, and occur well before sales to the general public. We plan in advance to secure the best possible prices, seats and accommodations. Pre-registration and/or pre-payment are required for all programs except Community Events.

**No Reminder Notifications:** When you register for a program or trip, please mark your calendar.



**Cancellations:** Programs may have minimum registration requirements and risk cancellation if under-enrolled. If the cancellation is by the Recreation Department refunds will be issued, otherwise, there is a minimum processing fee of \$10. We will always try to accommodate cancellations, but there are times that refunds are not possible due to expenses already incurred or vendor commitments.

**Non-residents:** Non-resident participation is at the discretion of the Recreation Department. There is a surcharge of \$5 for a class or day trip, and \$10 for an overnight trip.

**Accommodations:** We encourage residents of varying abilities, disabilities to participate in our programs, trips, etc. If you require an accommodation, call the Recreation Office or call TTY (978) 694 - 1417.

**Newsletter:** Our newsletter is updated seasonally in February, May, August & November!



### HOW TO REGISTER:

**Visit in person, send via mail, or online:** Click on the link to "Register Online" at [www.wilmingtonma.gov/Recreation](http://www.wilmingtonma.gov/Recreation)  
**Night drop:** In a sealed envelope, place payment, with your contact information, and program or trip information in the Payment Drop Off slot in the wall at the left of the front door to Town Hall. *The date payment is considered received is the date it is removed from the box.*

### VOLUNTEERS:



Students looking for volunteer opportunities must contact the Recreation Department in advance of each event or program. Please note that some programs may have application deadlines and limited openings. Call or stop by for more information.

### SUGGESTIONS:

We welcome suggestions for new programs or trips! Also, if you are interested in sharing your skills/passion and would like to teach a class or program, please share your thoughts with us and we will see what we can do!



### STAY CONNECTED:



**Follow us on Facebook!**

[www.facebook.com/WilmingtonMARecreation](https://www.facebook.com/WilmingtonMARecreation)

Subscribe to **E-Alerts** at [www.wilmingtonma.gov](http://www.wilmingtonma.gov) to stay current with your Recreation Department!



**Town of Wilmington Recreation Department**  
Town Hall, 121 Glen Road, Wilmington, MA 01887

**Hours:** Monday - Friday, 8:30 a.m. - 4:30 p.m.

**Phone:** (978) 658 - 4270

**Web:** [www.wilmingtonma.gov/Recreation](http://www.wilmingtonma.gov/Recreation)

**\*\* WEEKDAY** programs held within a school are canceled if school is closed or canceled **\*\***

## Volunteer Coaches Needed!

You can register to coach your child's team at the same time you register your child!



## THE ROOKIES

**Ages:** Age 5 (by 9/1/2023) - Grade 1

**Dates:** Monday - Thursday, April 24 - June 1, 6 weeks

**Location:** Boutwell Field

**Cost:** \$40

## Registration Deadline:

**Thursday, March 16**



This co-ed program begins with two weeks of T-Ball (Spring Training!) and moves forward into the season with coaches pitching. Teams will practice once a week to allow players to improve their baseball/softball skills and play one game each week for fun!

Choose from a **Monday practice/Wednesday game** or **Tuesday practice/Thursday game** schedule.

**Practices:** 45 minute practices are assigned, and will be at 5:15, 6:00 or 6:45 p.m.

**Games:** 60 minute games will be played at 5:30 and 6:45 p.m. on a rotating schedule.

## "A RUNNING START"

**Instructor:** Melinda LaConte

**Grades:** 6 - 8

**Dates:** Tuesdays, April 25 - May 30 or  
Wednesdays, April 26 - May 31, 6 weeks

**Time:** 1:50 - 2:35 p.m.

**Location:** Middle School Field and Carter Lane Area

**Cost:** \$40



This co-ed program will introduce middle school students to the sport of running. The focus of the program will be proper running technique and pacing. Runners will start slowly and increase distances each week.

## IRONCLAD MARTIAL ARTS

**Instructor:** John Johnston

**Dates:** April 1 - 29 **\*\*Unlimited visits!\*\***

**Location:** IronClad Martial Arts Center  
335 Main Street

**Cost:** \$55



Learn movements from a combination of different Martial Arts (Muay Thai, Jiu-Jitsu, Krav Maga, Karate and Wrestling) and improve self-discipline, balance, flexibility, coordination and self-control. Students can have fun while learning basic Martial Arts skills!

**Little Warriors**  
(Ages 4 - 6)



**Karate Kids**  
(Ages 7 - 11)

**Mon. - Thu.: 4 - 4:30 p.m.**

**Saturdays: 9:30 - 10 a.m.**

**Mon. - Thu.: 4:30 - 5:15 p.m.**

**Saturdays: 10:15 - 11 a.m.**



## ARCHERY

**Instructor:** Bob Wait, *On-Site Archery*

**Dates:** Tuesdays, April 4 - May 9  
(no 4/18), 5 weeks

**Location:** Middle School Field

**Cost:** \$120



Taught by a Level 3 USA Archery Coach, this program teaches archery safety, range procedures, steps of shooting, scoring and games. All equipment provided.

**Grades 6 - 8**

2 - 3 p.m.

**Grades 3 - 5**

3:15 - 4:15 p.m.



## APRIL VACATION GOLF CLINICS

**Instructor:** Barrie Bruce

**Ages:** 6 - 14

**Dates:** Monday - Friday, April 17 - 21

**Location:** Billerica Country Club

**Cost:** \$179



Classes are for both beginners and continuing students. Choose the clinic that's right for you! All equipment provided.

**Golf for Girls**

9 - 10:15 a.m.

**Junior Golf**

10 - 11:15 a.m.

*"All you need is a pair of sneakers and a good attitude!"*

## MOVE & TUMBLE



**Instructor:** Katie Brown

**Ages:** 3 & 4

**Dates:** Wednesdays, April 5 - May 17  
(no 4/19), 6 weeks

**Time:** 1 - 1:45 p.m.

**Location:** Legacy Studios, 1 Burlington Ave.

**Cost:** \$55

A creative movement class for our youngest movers and shakers. A great way to introduce music and movement into your child's life. They will be twirling, skipping, dancing and hopping their way through this program!

## THINGS IN FINANCE I WISH I LEARNED IN SCHOOL

**Instructor:** James P. Moriarty, CPA, LLC  
**Time:** 7 - 8 p.m.  
**Location:** Town Hall Auditorium  
**Cost:** \$25



Grades 6 - 8	Grades 9 - 12
Tuesdays, May 9 - 30	Thursdays, May 11 - June 1

Throughout this four week course, students will learn several financial topics. Some will include basic types of accounts from bank accounts to investment accounts and how a loan/mortgage works. They will also learn about the time value of money and compound interest, how to start saving while young, how retirement funds and taxes work, as well as being able to create a budget.

## SIGNS BY DESIGN - "CreARTive Corner"

**Instructor:** Terry Pino, *Terry Pino Designs*  
**Ages:** 9 - 14  
**Date:** Thursday, May 4  
**Time:** 4:30 - 6:30 p.m.  
**Location:** Town Hall Auditorium  
**Cost:** \$30



Choose one of the designs and customize with colors of your choice on a prepared wood surface. All materials provided.



*Customize!*

*Samples are on display in the Recreation Office.*

## KARATE

**Instructor:** Academy of Traditional Karate  
**Dates:** Monday, May 1 - Saturday, May 27,  
 4 weeks  
**Location:** 155 West Street  
**Cost:** \$50



*Choose your class day and time, with the flexibility to book make-up classes within the four week program!*

Try an introduction to traditional Karate where life skills such as focus, respect, confidence, self-discipline and goal-setting are taught while achieving the physical benefits of self-defense, fitness and stress reduction. Each week students learn new skills and build upon those from their previous class.

### Little Dragons (Ages 3 & 4)

**Tuesdays:**  
 4:30 - 5 p.m.

**Saturdays:**  
 11 - 11:30 a.m.

### Little Samurai (Ages 5 & 6)

**Mon. or Weds.:** 4:30 - 5:15 p.m.  
or 5:30 - 6:15 p.m.

**Tues. or Thurs.:** 4:30 - 5:15 p.m.  
**Saturdays:** 9 - 9:45 a.m.

### Karate Kids (Ages 7 - 12)

**Mon. or Weds.:** 4:30 - 5:15 p.m.  
or 5:30 - 6:15 p.m.

**Tues. or Thurs.:** 5:30 - 6:15 p.m.  
**Saturdays:** 9 - 9:45 a.m.  
or 10 - 10:45 a.m.

## BLAST! Babysitter Lessons and Safety Training

**Instructor:** Juanita Allen Kingsley  
**Grades:** 6 - 8  
**Date:** Tuesday, March 7 or June 6  
**Time:** 1:45 - 3:45 p.m.  
**Location:** Wilmington Middle School  
**Cost:** \$60



This workshop includes:

- \* House safety
- \* Activities for different ages
- \* Choking prevention and relief
- \* What to consider before you take a job
- \* Communication - with parents, children and your parents
- \* How and when to call for help; how to call 911
- \* How to build your babysitting business

## HOME ALONE SAFETY

**Instructor:** Juanita Allen Kingsley  
**Grades:** 4 - 5  
**Date:** Tuesday, March 7 or June 6  
**Time:** 3:45 - 5:15 p.m.  
**Location:** Wilmington Middle School  
**Cost:** \$55

This workshop includes:

- \* Telephone and door answering techniques
- \* Internet safety
- \* Accident and fire protection
- \* How to call 911
- \* First Aid techniques
- \* How to prevent and relieve choking
- \* Time management tips



# SATURDAY = FUN DAY!

## POTTERY PLUS!

**Instructor:** Magic Brush Pottery  
**Dates:** Saturdays, March 4 - April 1, 5 weeks  
**Location:** West Intermediate School Art Room  
**Cost:** \$100



This class includes two weeks of pottery projects, a fused glass project and a canvas painting. All pottery pieces will be functional, food-safe and make a memorable hand-crafted gift or collectible. Paints are non-toxic and washable.

Grades 3 - 5	Grades K - 2
9 - 10 a.m.	10:15 - 11:15 a.m.




























## VIKING SOCCER CLINIC

**Instructor:** Viking Sports (Powered by the New England Revolution)  
**Ages:** 3 w/caregiver  
**Dates:** Saturdays, March 4 - April 1, 5 weeks  
**Times:** 10 - 10:45 a.m. or 11 - 11:45 a.m.  
**Location:** West Intermediate School Cafeteria  
**Cost:** \$105



Working with the Revs, Viking Sports has created a soccer curriculum that blends their brand of fun with the Revolution's skill development expertise. Tomorrow's emerging stars will learn age-appropriate skills that develop dribbling, passing, receiving and shooting. All players receive a Viking t-shirt.



### KINDER SOCCER

**Instructor:** Jessica Hogan  
**Ages:** 4 - Kindergarten  
**Dates:** Saturdays, March 4 - April 1, 5 weeks  
**Times:** 11 - 11:50 a.m.  
**Location:** West Intermediate School Gym  
**Cost:** \$50

Just like the big kids, now you can play soccer indoors while learning about the game!

## SNL SUPER SPORTS JR.

**Instructor:** SNL Sports Academy  
**Ages:** 3 & 4  
**Dates:** Saturdays, March 4 - April 1, 5 weeks  
**Times:** 9 - 9:45 a.m.  
**Location:** West Intermediate Cafeteria  
**Cost:** \$55

This program is an introduction to sports for our youngest athletes. They will learn soccer and t-ball, as well as playing fun games!



## SPORTS 101

**Instructor:** Jessica Hogan  
**Ages:** 4 - Kindergarten  
**Dates:** Saturdays, March 4 - April 1, 5 weeks  
**Times:** 10 - 10:50 a.m.  
**Location:** West Intermediate School Gym  
**Cost:** \$50

This program blends sports and games for overall fun!

Sample such sports as soccer, basketball, kickball, T-Ball, and pillow polo hockey, and throw in some relay races for the most fun ever! When you pick up your child after class each week, ask them what they learned today!

## YOGA PLAY

**Instructor:** Nicole Walker  
**Dates:** Saturdays, March 11 - April 1, 4 weeks  
**Location:** West Intermediate School Library  
**Cost:** \$35

### Junior Yogis

**Ages:** 9 - 12

**Time:** 9 - 9:45 a.m.

Students will learn to center themselves and practice fun yoga poses individually and as a group. Non-competitive and fun, this class helps develop strength, flexibility, concentration and confidence.

### Little Yogis

**Ages:** 5 - 8

**Time:** 11 - 11:45 a.m.

Children will strengthen their bodies by imitating animals and nature while learning basic yoga poses. This creative playful atmosphere helps to develop flexibility and explore ways to calm the mind.



### Mini Yogis

**Ages:** 2 - 4 w/caregiver

**Time:** 10 - 10:45 a.m.

In this supportive, active class, your mini yogi will learn yoga inspired poses through music, stories and games all while building confidence, balance and flexibility.



Bring a  
yoga mat  
and water!



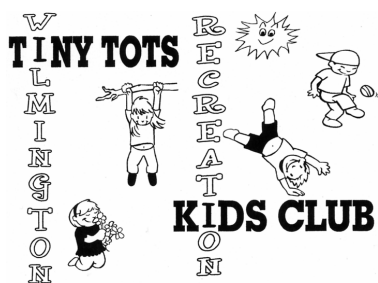
# TINY TOTS/KIDS CLUB & PLAYGROUND 2023



Walk-in registrations only.

☐ Registration Forms/Volunteer/CIT Applications are on our website at [www.wilmingtonma.gov/recreation](http://www.wilmingtonma.gov/recreation) under Registration Forms/CORI Forms

Forms can be completed online, printed and then delivered to Rec!



## TINY TOTS (Ages 4 & 5) & KIDS CLUB (Ages 6, 7 & 8) ☐

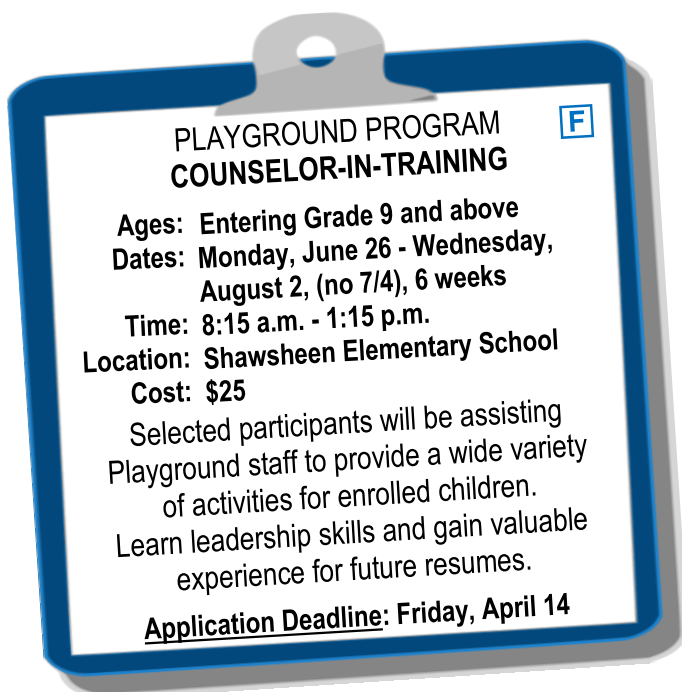
Session 1: Monday, June 26 -  
Friday, July 14 (no 7/4)

Session 2: Monday, July 17 -  
Thursday, August 3

Time: 9 a.m. - 12 p.m. | Location: Boutwell School | Cost: \$220 per session

This social/recreational program includes arts and crafts, games, special events and daily fun themes.

Beginning April 3, Wilmington children can register for an additional session, and non-residents can register (\$10 non-resident fee), based on availability.



### PLAYGROUND PROGRAM COUNSELOR-IN-TRAINING ☐

Ages: Entering Grade 9 and above  
Dates: Monday, June 26 - Wednesday,  
August 2, (no 7/4), 6 weeks

Time: 8:15 a.m. - 1:15 p.m.

Location: Shawsheen Elementary School  
Cost: \$25

Selected participants will be assisting  
Playground staff to provide a wide variety  
of activities for enrolled children.  
Learn leadership skills and gain valuable  
experience for future resumes.

Application Deadline: Friday, April 14

## \$10 TINY TOTS/KIDS CLUB VOLUNTEERS ☐

Students entering grade 9 and above can apply for a volunteer position assisting staff and students. Applications will be accepted on a first come-first served basis for a limited number of positions.

Students must commit to a two-week schedule with a choice of:

June 26 - July 7 (no 7/4)

July 10 - 21

July 24 - August 3

Time: 9 a.m. - 12 p.m.

\* Orientation: Thursday, June 20  
6 p.m. | Town Hall Auditorium \*



## PLAYGROUND PROGRAM ☐

Ages: Entering Grades 2 - 8

Dates: Monday, June 26 - Wednesday,  
August 2 (no 7/4), 6 weeks

Time: 8:30 a.m. - 1 p.m.

Location: Shawsheen Elementary School

Cost: \$230

This six-week program for Wilmington children consists of arts and crafts, games, sports, special events and free play. The program runs on weekdays, and is held rain or shine.

## CANCELLATIONS IN THE EVENT OF BAD WEATHER:

Summer in New England can be tricky, and your patience is appreciated if rain storms cause us to cancel outdoor programs. We will try our best to move indoors or make up cancelled classes. In the event there is more than one day missed in a five-day program, we will offer a partial refund.



### STEAM STUDIO

**Instructor:** Wicked Cool for Kids  
**Ent. Grades:** K - 5  
**Dates:** Monday - Friday, July 17 - 21  
**Time:** 9 a.m. - 12 p.m.  
**Location:** Wilmington High School  
**Cost:** \$295

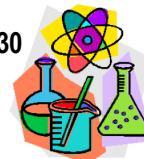


Children will learn and focus on STEAM based activities -- where science, technology, engineering and math collide with art! They will construct kinetic wind-powered sculptures, kaleidoscopes, and crystal solutions; make squishy dough circuits to wire a light-up creation and build a hydroponic garden; and get messy with colors, chemicals and creations to create cool rainbow slime, density tubes and sparkling salt crystals!

### TOP SECRET SCIENCE & MATH

Up to 100 Amazing "Make & Take Home" Experiments!!

**Instructor:** Michael Bergen, *Mass. Science Center*  
**Ent. Grades:** 1 - 5  
**Dates:** Monday - Friday, June 26 - 30  
**Time:** 9 a.m. - 3 p.m.  
**Location:** Wilmington High School  
**Cost:** \$320



Each day students will complete 20 weird and wacky hands-on science experiments, and will take home all projects. The fast paced and funny instructors will keep students entertained while they learn. Students will explore weird motions and flying things, air and water pressure, crazy chemistry, light and sound, science, magic, electricity, magnets, astronomy and more.

Be prepared for lots of fun each day!



**Instructor:** Circuit Lab  
**Ent. Grades:** 1 - 4  
**Dates:** Monday - Friday, July 31 - August 4  
**Location:** Wilmington High School  
**Cost:** \$190 each session

*Students participating in both programs will be supervised during lunch break.*

### ROBOT COMMANDERS 101 8:15 - 11:15 a.m.

Understanding how software can interact with robots is a key skill for the STEM jobs of tomorrow! Learn about what it means to write, debug, and execute computer programs that communicate with different robotic devices. Using the power of code, students will turn Sphero SPRK+ robots into Magic 8 Balls, automated Red Light / Green Light games, and more!

### CIRCUIT MAKERS 101 12 - 3 p.m.

Let's get creative with electricity! Gain experience with creating their own electronics; designing custom light-up greeting cards, electric games, mazes, and even musical instruments. Each class consists of a circuitry lesson and a hands-on electronics project using components like lights, buzzers, switches, motors, and sensors. Most classes include a take-home project.

### READING AND WRITING WORKSHOP ADVENTURE

**Instructors:** Jennifer Bryson and Melanie Patterson

**Ent. Grades:** 1 - 5  
**Dates:** Monday - Friday, July 24 - 28  
**Time:** 9 a.m. - 12 p.m.  
**Location:** WHS Library  
**Cost:** \$80

*Are you ready for a reading and writing adventure?*

This workshop is designed to foster creativity, self-expression, and excitement about reading and writing. The workshop will include interactive read-alouds with diverse texts, independent reading time, and creation of a writing project based on your child's interests.



### GOLF CLINICS

**Instructor:** Barrie Bruce  
**Ages:** 6 - 14  
**Time:** 9 - 10:15 a.m.  
**Location:** Billerica Country Club  
**Cost:** \$179



Classes are for both beginners and continuing students. Choose the clinic that's right for you! All equipment provided.  
*"All you need is a pair of sneakers and a good attitude!"*

Monday - Friday	
Junior Golf July 10 - 14 July 24 - 28 August 14 - 18	Golf for Girls July 10 - 14 July 24 - 28



## Summer 2023 Lifeguards

The Recreation Department is accepting applications for Lifeguard positions at Town Beach at Silver Lake for the summer of 2023. **All lifeguards must be 16 years of age or older, and certified.** A great job for those who enjoy being outside!



### SNL SUPER SPORTS

**Monday - Friday,  
June 26 - 30 or July 31 - Aug. 4**  
**Location: Middle School Field**

*In the event of rain, class will be held indoors.*



#### Super Sports Jr. (Ages 3 - 4)

**8:30 - 9:15 a.m. \$65**

This program is an introduction to sports for our youngest athletes. They will learn soccer and t-ball, as well as playing fun games!



#### Super Sports (Ages 5 - 12)

**9:30 a.m. - 12:30 p.m. \$175**

Children can sample a wide variety of sports including wiffle ball, soccer, flag football and ultimate frisbee! The emphasis will be on fun - while children are building skills and creating new athletic interests!

Documentation of a physical within the past two years and immunization records is required for Super Sports (Ages 5 - 12).

### SNL BASKETBALL CLINIC



**Instructor: SNL Sports Academy**

**Grades: 4 - 8**

**Dates: Monday - Friday, July 17 - 21**

**Time: 9 a.m. - 1 p.m.**

**Location: Middle School Gym**

**Cost: \$280**

This co-ed program is brought to you by the same team that runs our awesome Flag Football program! A local High School basketball coach will help you improve your basketball skills through fun drills and scrimmages. This active clinic is suitable for all ability levels.

### TENNIS LESSONS

**Instructor: Emily Hill**

**Location: WHS Tennis Courts**

**Cost: \$55 (6 weeks)**

Learn basic tennis skills with mini-matches to improve your game! Equipment provided if needed.



### TENNIS CLINIC

**Instructor: Matt Hackett**

**Ent. Grades: 6 - 9**

**Dates: Monday - Thursday,  
July 31 - August 3**

**Time: 9 a.m. - 12 p.m.**

**Location: WHS Tennis Courts**

**Cost: \$75**

Have fun on the courts as you spend a week developing a strong fore hand, working on your serve, volleying with others, and playing matches!

### TENNIS BASICS



**Instructor: Rob Mailey**

**Location: Boutwell Tennis Courts**

**Cost: \$55**

Tennis anyone? Learn or improve your skills for this life-long sport! Equipment provided if needed.

<b>Mondays</b>	<b>Wednesdays</b>
<b>July 10 - August 14</b>	<b>July 12 - August 16</b>
<b>Ent. Grades 4 - 6</b> 5 - 6 p.m.	<b>Ent. Grades K - 1</b> 5 - 6 p.m.
<b>Ent. Grades 7 - 12</b> 6 - 7 p.m.	<b>Ent. Grades 2 - 3</b> 6 - 7 p.m.

<b>Ages 4 - 5</b> (Parent/chaperone required to stay)	9 - 10 a.m.
<b>Ages 6 - 8</b>	10 - 11 a.m.
<b>Ages 9 - 12</b>	11 a.m. - 12 p.m.

**Classes are held Monday - Friday.**  
Choice of:

<b>July 17 - 21</b>	<b>July 31 - Aug. 4</b>	<b>August 14 - 18</b>	<b>August 21 - 25</b>
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## SUMMER BASKETBALL

Games will be played at the **Shawsheen School Outdoor Courts** || Registration deadline is **Thursday, June 1**

### SHOOTING STARS LEAGUE

**Ent. Grades: 3 - 5**

**Dates: Girls: Tuesdays, July 11 - August 15**  
**Boys: Thursdays, July 13 - August 17**

**Time: 6 - 9 p.m.**

**Cost: \$30**

This six week program will provide instruction and games once a week. Teams will play a staggered game schedule.



### TWILIGHT HOOPS



**Ent. Grades: 6 - 8**

**Dates: Mondays & Wednesdays, July 10 - August 2, 4 weeks**

**Time: 6 - 8 p.m.**

**Cost: \$30 (\$45 w/mesh reversible Recreation jersey)**

This co-ed program allows participants to drop in for as much pick-up basketball as they want! Games will be organized by a supervisor and refereed. Pre-registration is required.

*Players new to Recreation Basketball must purchase a navy/white reversible jersey.*

## SENSATION SCHOOL VACATION SENSATION

### SNL BASKETBALL CLINIC



**Instructor:** SNL Sports Academy  
**Grades:** 4 - 8  
**Dates:** Tuesday - Friday, February 21 - 24  
**Time:** 9 a.m. - 1 p.m.  
**Location:** Middle School Gym  
**Cost:** \$140

This co-ed program is brought to you by the same team that runs our awesome Flag Football program! A local High School basketball coach will help you improve your basketball skills through fun drills and scrimmages. This active clinic is suitable for all ability levels.

### SNL SUPER SPORTS



**Instructor:** SNL Sports Academy  
**Grades:** K - 3  
**Dates:** Tuesday - Friday, February 21 - 24  
**Time:** 1:30 - 3 p.m.  
**Location:** Middle School Gym  
**Cost:** \$70

This co-ed program will include wiffle ball, soccer, flag football, basketball, floor hockey, dodgeball and more. Each day will focus on two different sports. Players can try new sports and develop existing skills. A great way to spend some winter afternoons!

### YOUTH PROGRAM

#### BRIDGES AND BUILDING



**Instructor:** Minds in Motion  
**Ages:** 7 - 11  
**Date:** Tuesdays, February 28 - April 25  
 (no 4/18), 8 weeks  
**Time:** 4:30 - 5:30 p.m.  
**Location:** Town Hall Auditorium  
**Cost:** \$145

Do you ever wonder how bridges span huge distances and how skyscrapers stay standing? Learn about basic structural elements and witness firsthand the forces acting on structural components! With your kit, you can build up to 20 model building experiments that each demonstrate a basic principle of mechanical physics or structural engineering in a hands-on way. Learn about the strength of materials as you compete with your classmate to see who can build the tallest tower using the pieces in this kit!

### ADULT PROGRAM

#### UPHOLSTERY WORKSHOP



**Instructor:** Louise Redgate  
**Dates:** Thursdays, March 9 - April 27,  
 8 weeks  
**Time:** 6:30 - 9:30 p.m.  
**Location:** Town Hall Auditorium  
**Cost:** \$90

Give new life to a piece of your old furniture by learning to reupholster. You will cover your piece with new fabric, learn to tie springs and re-pad. A supply list will be provided as your project progresses.

Be aware - you will have homework!  
 The class motto is, "If you can carry it, bring it!"





## WILMINGTON PICKLEBALL

Wilmington Residents Only

**Location: Town Hall Pickleball Courts**

Each player should bring their own paddle

A composite paddle is recommended

Beginner	Novice	Intermediate	Round Robin
For new players! Learn rules and skills while playing this addictive game!	For those who have taken the Beginner class and want to practice skills and serves, but are not overly competitive.	For those players that are proficient in ability and love the thrill of competition!	Must have previous playing experience and know how to keep score.
<b>Mondays</b> <b>April 3 - June 12, 8 weeks</b> (no 4/17, 5/1, 5/29)		<b>Thursdays</b> <b>April 6 - June 1, 8 weeks</b> (no 4/20)	
<b>Instructor:</b> Lesley Velardo		<b>Supervisor:</b> Mike McInnis    Lauren Healy	
<b>Beginner: 5 - 6 p.m.</b>		<b>5 - 6:30 p.m.</b>	<b>9 - 10:30 a.m.</b>
<b>Novice: 6 - 7 p.m.</b>		<b>6:30 - 8 p.m.</b>	

### 35+ BASKETBALL LEAGUE

**Supervisor:** Peter Otovic

**Dates:** Wednesdays, April 26 - June 14,  
8 weeks

**Time:** 6 - 9 p.m.

**Location:** WHS Gym

(April 26 - May 24)

**Middle School Gym**

(May 31 - June 14)

**Cost:** \$60 (*Players without a 35+ mesh  
shirt must pay a \$25 shirt fee.*)

This league offers those ages 35 and over structured  
team play with refereed games for fun and fitness.



### WILMINGTON BOCCE LEAGUE

(Wilmington Residents only)



**Instructor:** Jack Cushing

**Ages:** 14 & up

**Dates:** Mondays and Tuesdays, May 1 - June 13  
(no 5/29 or 5/30), 6 weeks

*You will play one night each week*

**Time:** 6 p.m. and later

**Location:** Jack Cushing Courts (72 Middlesex Ave.)

**Cost:** \$15 per person

The first week begins with one week of instruction,  
followed by seven weeks of league play.

**\*\* Participants must register with teams of 2 - 4 players. \*\***



**Season End Tournament:**  
**Saturday, June 17 at 10 a.m.**



### INTERMEDIATE GOLF LESSONS

**Instructor:** Barrie Bruce

**Dates:** Mondays, April 10 - May 1

**Time:** 5:30 - 6:30 p.m.

**Location:** Billerica Country Club

**Cost:** \$199

This class is for those with some course experience  
and will focus on specific skills to help players  
manage their game and lower their scores.



### TENNIS - INTERMEDIATE SKILLS

**Instructor:** Rob Mailey

**Dates:** Tuesdays, May 30 - August 15  
(no 7/4, 8/8), 10 weeks

**Times:** 5:30 - 7:30 p.m.

**Location:** Boutwell School Courts / WHS  
Tennis Courts

**Cost:** \$95

This two-hour program for experienced players will  
provide instruction and match play to improve skills.  
Players must be able to serve and keep score, and should  
bring their own racquet and a can of new tennis balls.



### ADULT GOLF LESSONS

**Instructor:** Barrie Bruce

**Location:** Billerica Country Club

**Cost:** \$209

This five week class teaches ball striking  
skills to beginner and intermediate golfers.  
Golf clubs are provided if needed.

Tuesdays	Thursdays	Wednesdays
April 11 - May 9	May 11 - June 8	July 5 - August 2
5:30 - 6:30 p.m.	7 - 8 p.m.	5:30 - 6:30 p.m.



## ZUMBA FOR WOMEN

*"Come Jam with your Zumba Fam"*

**Instructor:** Amruta Puntambekar  
**Dates:** Thursdays, March 30 - June 8 (no 4/20, 5/18, and 5/25)  
 8 weeks  
**Time:** 6:30 - 7:30 p.m.  
**Location:** Woburn Street School Gym  
**Cost:** \$65



Each class will involve a fun routine that includes a warm-up, fun dance workouts and stretching. Participants will learn Zumba styles including Salsa, Cumbia, Reggaeton, Bolly and Merengue. No prior dance or Zumba experience required, but the class will involve intermittent intensity moves. Participants are encouraged to bring comfortable workout or running shoes and a big smile!

## SPRING HAS SPRUNG

**Instructor:** Cindy Mattson  
**Date:** Friday, April 7  
**Time:** 6:30 - 8 p.m.  
**Location:** Given Erwin Florist  
 165 Bedford Street,  
 Burlington  
**Cost:** \$60



Create a floral Easter display with tulips, daffodils, pussy willows, and other spring flowers. All materials provided.

## BRUNCH BOSS

*Learn Baking Basics While Preparing  
 Delicious Breakfast Treats*

**Instructor:** Steven Tulloch, *Two Desserts Baking*  
**Dates:** Wednesdays, April 5 - May 3 (no 4/19)  
 4 weeks  
**Time:** 6:30 - 8:30 p.m.  
**Location:** WHS Consumer Science Room  
**Cost:** \$160



This class will set you on the path to becoming a more confident and skillful baker as you prepare delicious breakfast treats!

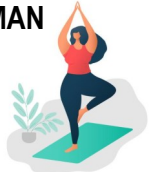
Learn baking fundamentals like "mise en place," mixing methods, and the interactions of common ingredients.

You're sure to pick up plenty of simple tips and tricks along the way! Each week you will take home delicious treats to share.

## Namaste

### YOGA FOR THE FULL-FIGURED WOMAN

**Instructor:** Jennifer Ryan  
**Location:** The Yoga Loft (5 Waltham St.)  
**Cost:** \$95 per 8 week session



**Mondays**  
 March 20 - May 15 (no 4/17)  
 8 weeks  
 4 - 5 p.m.

**Thursdays**  
 March 23 - May 18 (no 4/20)  
 8 weeks  
 7 - 8 p.m.

This class introduces beginners to yoga in a fun and relaxed setting. Movements are modified for a non-intimidating approach to improving your health. Take this class as a gift to yourself! Please bring a yoga mat and wear comfortable clothes.

## BADMINTON



**Instructor:** Anna Biju  
**Dates:** Tuesdays, April 25 - June 13,  
 8 weeks  
**Time:** 6 - 8 p.m.  
**Location:** Middle School Gym  
**Cost:** \$40

This class is for players of any experience level who enjoy the sport of badminton. Players are asked to bring their own racquets and birdies.



## SIGNS BY DESIGN

**Instructor:** Terry Pino, *Terry Pino Designs*  
**Location:** Town Hall Auditorium

Customize with colors of your choice on a prepared wood surface. All materials provided. Make it for yourself or give it as a gift!

*Samples are on display in the Recreation Office.*

**"PAINT THE TOWN"**  
 Thursday, May 4  
 6:30 - 8 p.m. | \$45

Show your town spirit with this wonderful Wilmington sign!  
 Dimensions: 9 in.



**"THINK SPRING!"**  
 Wednesday, March 1  
 6 - 8 p.m. | \$40

Tie the tags together with a bow, or hang them separately!  
 Dimensions: 5 in. x 9 in.



**"THE GARDEN SHOPPE"**  
 Tuesday, June 13  
 6 - 8 p.m. | \$45

Choose from these garden favorites; the gnome or the double-sided watering can!



Dimensions: 5 in. x 8 in.



Double-sided! Dimensions: 7.5 in. x 7 in.

## BEGINNER / INTERMEDIATE TAP

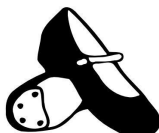
Instructor: Meghan Sullivan

Dates: Mondays, April 3 - May 15  
(no 4/17), 6 weeks

Time: 8 - 9 p.m.

Location: Legacy Studios  
1 Burlington Ave.

Cost: \$55



Learn basic tap steps and fun combinations week to week. Dance just like the American classics. Tons of fun while you get in shape. Perfect for beginners or returning students.

**TAP SHOES ARE REQUIRED**

## BURN BABY BURN

Instructor: Kim Mytych, *Resin8 With Me*

Date: Wednesday, May 24

Time: 6 - 9 p.m.

Location: Town Hall Auditorium

Join us for a fun night out, using a new, simple process of hand scorching your custom design into a pizza peel *or* 11 piece BBQ set. All materials provided. Perfect gifts Father's Day or groomsman!

Pizza Peel - \$70



1. **PIZZERIA**

Customize!

2. **PIZZERIA**

Customize!

3. **PIZZERIA**

Customize!

11 Piece BBQ Grill Set - \$85



Customize!

**DAD'S BARBECUE**

CHILLIN' & GRILLIN'

Customize!



**AMC Black | \$11 each**



Tickets are available while supplies last.  
Must be purchased in person.  
No expiration date! No restrictions!



## THEATER TRIP

Every theater trip includes bus transportation and an orchestra seat.  
The bus will depart 1½ hours prior to stated show time.  
Theaters restrict patrons to those age five and up.



Thursday, August 10, 2023

Boston Opera House

7:30 p.m. | \$130

On September 11th 2001, as the full horror of the terror attacks became apparent, the US closed its airspace, grounding thousands of passenger jets heading in, out and throughout of North America. An astonishing 38 of them were forced to land in Gander, a remote Newfoundland town with a population of just 9,000 people. The arrival of the passengers boosted those numbers to nearly 20,000.

Come From Away focuses on a single set of passengers from one flight and the Gander residents who welcomed them into their homes. Amongst this diverse set of characters is American Airlines' first female pilot, a gay couple both called Kevin, and an Egyptian chef, whose initial apprehensions about the reception he will receive proves unfounded. Weaving together all of their storylines, the show creates an affirming portrait of human connection in the most trying of circumstances.



# DAY TRIPS

Detailed flyers with full itineraries are available in our office and on our website under **Trips**.  
Refunds are based on travel company restrictions and the ability to find a replacement to purchase your trip.

 Trip can be reserved with a **deposit**



**FOXWOODS™**  
RESORT + CASINO


**Thursday, March 9**  
**7 a.m. - 6:30 p.m.**  
**\$45**



Includes motor coach transportation that will depart from and return to the **Town Common Parking Lot**.

## RIDING THROUGH THE TIMES



**Saturday, May 20**  
 **\$160**



Ride off to **Newport, RI** for a grand adventure that consists of vehicles of today and those of antiquity! Explore the great outdoors and the rails as you ride on the up-and-coming **Rail Explorers**. Choose your speed to travel along the historic Aquidneck Island and spectacular Narragansett Bay.

You will also be able to spend time viewing the cars of eras gone by at the **Newport Car Museum**.

Enjoy free-time in Newport to have lunch on your own, shop, or watch the boats before heading back to the present time... home!

## THE TEXAS TENORS



**Tuesday, June 20**  **\$120**

Since appearing on *America's Got Talent* in 2009, The Texas Tenors have performed over 1,300 concerts, released 4 studio albums and have received 3 Emmy Awards. Their latest albums "Rise" and "A Collection of Broadway & American Classics" both debuted at #1 on the charts.

Now you can see them live in concert right in your own neighborhood! Enjoy roundtrip motor coach transportation to the **Danversport Yacht Club**, where along with the show, you will indulge in a wonderful luncheon with your choice of stuffed breast of chicken or baked scrod.

## The **AMANTE** Experience

**Starring Michael Amante**



**Tuesday, April 18**  **\$110**

Enjoy roundtrip motor coach transportation to the **Castleton Conference Center in Windham, NH** for a day of music and a delicious luncheon! Michael Amante, also known as "The People's Tenor," is a celebrated singer and stage actor whose voice and presence has captivated audiences and critics around the world. He sings a repertoire that ranges from Broadway, American Standards, Gospel, and Jazz to the soaring notes of High Opera.




## NEW YORK CITY

**Saturday, June 3**  
**\$80**

Take a bite out of the Big Apple! Board our luxury motor coach at 6:30 a.m. for a fabulous day experiencing the sights and sounds of NYC. Arrive home at approximately 1:30 a.m.



## PEAKS ISLAND

**Tuesday, July 18**  
 **\$180**



Peaks Island is the most populous island in Casco Bay, **Maine**. It is part of the city of Portland and is approximately 3 miles from downtown.

Enjoy motor coach transportation and a ferry ride for a day of adventure on the island. Once you arrive, you will embark on a **guided golf cart tour**. Ride in the comfort of an electric golf cart through the neighborhoods. You'll see interesting homes, unique shops, unparalleled ocean views, and World War II forts. Maybe even a deer or beaver!

A **lobster roll** lunch will be held at **The Inn On Peaks Island** and there will be free time throughout the day to explore for yourself!



THE INN ON  
PEAKS ISLAND



Detailed flyers with full itineraries and registration forms are available in our office and on our website under **Trips**.  
Refunds are based on travel company restrictions and the ability to find a replacement to purchase your trip.

☐ this trip requires a registration **form**   ☐ this trip can be reserved with a **deposit**   ☐ optional cancellation **insurance** is available for this trip

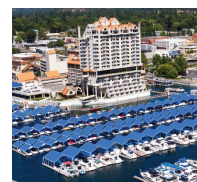
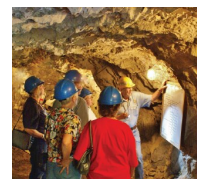
## Idaho Adventure

August 23 - 29, 2023

\$3,490 p.p.d.o. ☐ ☐ ☐

Head northwest for a weeklong adventure in Idaho! Visit the nearby historic mining town of Wallace where you will learn about hard rock underground mining in the richest silver district on earth. Enjoy an experience on a narrated speedy Snake River Jetboat Tour in Hells Canyon. Learn about the animals, plants and legends of this famed river and jet through some spectacular rapids.

Other highlights include the Lewis & Clark Discovery Center, Hemingway Memorial, Rider Ranch Cookout, and sightseeing in Sun Valley, McCall, Ketchum, and the Sawtooth Mountains.



## NORTHERN CALIFORNIA

October 2023 | 8 Days, 7 Nights ☐ ☐ ☐

Join us on a unique excursion to Northern California, including San Francisco, Sonoma, Yosemite & Sequoia National Parks and Monterey. This comprehensive tour begins and ends in San Francisco and features 1st class accommodations, sight seeing in San Francisco, a scenic drive to Sonoma for a wine tour and tasting. You will also explore the fascinating National Parks of Yosemite, Kings Canyon and Sequoia. Monterey will delight all your senses with a stroll down Cannery Row, including admission to the iconic aquarium. The 17-mile drive will take you along one of the most breathtaking coastlines to witness the infamous Lone Cypress, Seal Rock and Pebble Beach Golf course.

Full itinerary will be available, and registration will begin **March 1**



Just like all of our trips, these adventures include all of your accommodations, noted attractions, and transportation from and returning to Wilmington.

All the highlights of the destinations are arranged by a professional tour company. Register and let us take care of all of the logistics while you enjoy the journey!